

CHRISTCHURCH NORTH METHODIST PARISH CHAPEL STREET CENTRE

corner Harewood Road & Chapel Street



MARCH 2022 BULLETIN

PRAYER REQUESTS:

Please phone Merilyn Henderson for your prayer requests. Thank you.

Pray for God's love and blessings to be with all in the Parish,

particularly those who are unwell, in hospital, or struggling with other issues.

OTHER NOTICES:

The Bulletin is available via e-mail – please let Sue know if you would like to be added to the email list. Thanks.

METHODIST WOMEN'S FELLOWSHIP:

World Day of Prayer: Friday 4th March, 10.30am, at St Timothy's Church, Kendal Ave Note: there will be NO morning tea served this year.

District MWF Meeting: Monday 14th March, 10am, in the Falkingham Centre, Wesley Care Village. Lunch included. Keynote Speaker: Rev Tara Tautari.

EASTER AND LENT 2022

This Lent and Easter I will be using material by John van de Laar called Irrepressible – find the resilience you need. I will be using it for our services together but there is also a personal devotional guide available if you would like to use it for your own personal devotions. If you want this material I can email it to you or if you would prefer we can print one out for you. It is obviously written in a South African context but I think you will find that there is much we can glean from it anyway.

I will let John introduce it for you:

Have you ever started something enthusiastically, with great inspiration and strength, only to find that over time, you began to lose heart and struggled to keep going? Perhaps you've even started this year like that. You may have set intentions for the year and set up your systems and structures to bring them to fruition, only to hit obstacles and get derailed.

For many of us the pandemic has been one long, exhausting obstacle that has blocked us from fulfilling our hopes and dreams, kept us from connecting with others, and changed our lives for the worse. Even if we've managed to find joy and keep our lives on track, we may still be feeling depressed and depleted. Around the world the call is growing ever louder: we want things to go back to normal. But what we knew as normal no longer exists and we can't yet see what the new normal will be like when it finally arrives. If we've learned anything from the last two years, it's that COVID-19 isn't going away anytime soon. We will be navigating this pandemic and its impact for years to come. And that means that we desperately need a new and deeper capacity for resilience.

It is with exactly this reality in mind that I am excited to share the new personal spiritual practice guide from Sacredise entitled IRREPRESSIBLE—Find the resilience you need. This guide for Lent and Holy Week explores ten qualities that can empower you to find the resilience you need.

In addition, from Monday to Wednesday in Holy Week, IRREPRESSIBLE explores three of Isaiah's Servant Songs to find what resilience meant for the prophet and how it was manifest in the life of Jesus. To get the most out of this guide, you will need to set aside at least ten to fifteen minutes every day. I recommend that you have a journal, or a dedicated document on your phone, tablet, or computer to record your thoughts, questions, and insights. You can also make notes of any specific practical things you want to do to increase resilience in your life. If your church is using this journey in your Sunday worship, the content in each week is the same as that which is used to guide the sermon in church.

The practices you find in this guide are based on this content and you are invited to return to it throughout the week. The practices themselves are tailored to help you to engage more deeply with the message of the week and are repeated throughout the week. Some of the practices remain the same or similar throughout the entire Lent and Holy Week journey for the same reason.

Repetition often moves us past an initial, shallow engagement and removes any resistances we may have to more difficult or challenging insights. As we repeat a practice, so our defences begin to relax, and the Spirit is able to speak to us in ways that are not possible without the repeated practice. I encourage you not to skip over the repeating parts, but to engage in them with intention throughout the journey.

It is my hope and prayer is that IRREPRESSIBLE will not only be meaningful for you, but that it will be transforming. I believe that a mindful and intentional use of the Lent and Holy Week seasons can teach us and empower us to find a deeper and more robust resilience to help us navigate the tough times that come to every life. And that is what I hope this guide will do for you! May God guide and bless you as you nurture your resilience through Lent and Holy Week. John

PASTORAL MESSAGES FROM ANNE AND ANDREW DOUBLEDAY:

The following messages from Anne and Andrew were emailed to the parish during the week...

Atamarie te whanau

It is good to be back! I have had a really good few weeks away with lots of rest, exercise and fun – I am really grateful for this privilege!

But of course, I have come back to the reality of Christchurch now having quite a few cases of Covid and we met as a Parish Exec on Tuesday night to discuss how best we can manage the way forward.

I realise that everyone is a bit over all the restrictions but I do think we need to be extra vigilant for the next couple of months to look after not only our most vulnerable but all of us.

We decided that for the foreseeable future we will not partake in Holy Communion nor share food in any form. This means that our morning tea will just be a cuppa and we will hold off on our monthly brunch for now.

If you have been onsite or at a church activity and you do contract Covid please let us know so that we can manage the people that you were with as well as the spaces you were in. With this in mind please can you ensure that we have your correct contact details. You can either check in with Sue in the office or your carer. If you need support during this time please let me, one of the stewards, your carer or the office know so we can work out how we can best support you.

We don't know how things are going to unfold over the next few weeks and so will deal with things as they arise. We ask that you stay in touch with us as we may need to make decisions regarding use of the building and changing how we worship. We are prepared and ask that you make an extra effort to be in touch with each other as we face this together.

I have attached a letter from our Methodist President, Rev Andrew Doubleday for you to read.

Anne

16 February 2022

Kia ora koutou katoa

Trying to find certainty during uncertain times can be challenging. We have been blessed with very low covid illness and death rates over the past two years. This was by design using a carefully thought out and implemented national strategy where, for the most part, we have recognised the threat that we face and responded appropriately. It seems that all this is about to change. The next 3-4 months will undoubtedly differ from anything our nation of communities has ever experienced.

Groups like Vahefonua Tonga have not worshipped in person for more than six months and continue their gatherings online. This will likely be the reality we all need to prepare for. As daily case numbers increase, it may be necessary to make this call within the next week or two.

We have done a lot of work up until now, and our current aim should be to help 'flatten the curve' so that our health services and supply lines can be maintained. We, as The Methodist Church, Te Hāhi Weteriana, need to do our part.

We also need to prepare to both protect and care for the most vulnerable among us – our shut-ins, those with compromised health conditions, our elderly, where we recognise that we are our brothers and sisters' keepers. This may mean shopping expeditions on their behalf, regular contact by phone, social media, Zoom etc. It will require an openness within us to be intentional about asking what their needs might be.

This will impact our future events, not because of lockdown, but because many people may be isolating either because they have Covid-19 or have been potentially exposed to a Covidpositive case. If you are in a cooperating venture or union parish you will need to understand what the partner churches are asking of you. We ask that you be prepared and have the necessary conversations.

During epidemics in the Roman empire, the Christian church came into its own. While the elite fled the city to their country estates, it was Christians who got stuck in caring for their neighbours at great risk to themselves.

We have a rich legacy to follow.

Please, be careful, be wise, and love yourself as you love those around you.

We will be in touch again soon.

CMM COVID-19 EMERGENCY SUPPLIES APPEAL

The Christchurch Methodist Mission (CMM) is mobilising for a projected surge of Covid-19 among clients as Omicron takes hold in our community.

According to Ministry of Health guidelines, everyone who tests positive for Covid and their household needs to stay at home and avoid contact with others. Particularly at a time of rapidly rising prices for basic costs like rent and food, and with inflation hitting its highest level in 30 years, this will place already vulnerable individuals and families under additional financial stress as they struggle to make ends meet.

"Add to this the cost of preparing the sort of wellness kit advised by the Ministry to ensure that households have what they need in the event of Covid illness or a period of home isolation and it's easy to understand the rising levels of anxiety staff report seeing among clients," says CMM Executive Director Jill Hawkey.

To meet the current challenge in our community, CMM has launched a Covid Emergency Supplies appeal to ensure that clients who don't have the resources to buy the necessary items for a Covid Home Care Kit are also protected.

"Providing Covid Home Care Kits to clients will enable them to use the specified face masks that offer higher levels of personal and community protection. The kits will also include the emergency medical and sanitisation supplies necessary if they contract Covid or are isolating as a result of being a close contact," says Hawkey.

CMM Covid Home Care Kits will provide the items listed on government's Unite Against Covid-19 website to keep people well and to help with Covid-19 symptoms if they contract the disease.

"We're asking supporters to donate the items specified below by dropping them off at our contactless collection station at our offices at 3 Marble Wood Drive between 9am and 4pm Monday to Friday, or to make a donation towards the Emergency Supplies Appeal."

The latest modelling suggests that New Zealand could be facing 50,000 daily Omicron infections by Waitangi weekend, peaking at about 80,000 each day just a few weeks later.

"The Mission understands that each case is a person whose life is impacted differently from others and that the most vulnerable in our society will be the worst affected," says Hawkey. "Providing Covid Home Care Kits during this national emergency is another way in which CMM can extend

compassionate care to those who are most in need among us at this time."

Requested Covid Home Care Kit Items

As recommended by the Ministry of Health's Unite Against Covid-19 website, CMM is inviting donations of the following items, or cash donations for the purchase of emergency supplies for clients.

- Medical disposable masks 10 pack
- Hand sanitiser 500 ml
- Disposable gloves 100 pack

- Throat lozenges 36 pack
- Vapour rub 50g
- Ibuprofen 200mg 100 pack
- Paracetamol 500mg 100 pack
- Electrolytes 60 tablets
- Tissues 140 sheets
- Rubbish Bags Drawstring XL 30 pack
- Cleaning products (Spray and Wipe)

Items can be dropped off at our contactless collection station at 3 Marble Wood Drive, Papanui, between 9am and 4pm Monday to Friday.

Cash donations can be made securely online at CMM's website: www.mmsi.org.nz/Donate Online banking donations can be made using our bank details:

Account Number: 02 0800 0766258 00 Account Name: Christchurch Methodist Mission Reference Field: Care Kit Code Field: Donation

To receive a donation receipt, notify our Fundraising & Communications Manager, Michael Herman, by email at michaelh@mmsi.org.nz, or call him on (03) 375-1266.

WAIRAKEI BUDGET BOUTIQUE - HELPERS NEEDED:

There are currently a large number of vacancies for staff at the Budget Boutique 2nd hand clothing shop. If you are able to help fill some of these gaps, please contact Dot Peryman. Thanks.

UPDATE FROM CWS:

I'm sure you are as concerned as I am about the rapid spread of Covid-19 across our communities. We have done so well for so long. Now comes the challenge as more people get sick. I hope we can all find ways to reach out to our neighbours and friends just as you have done by supporting our appeals for people in need of water, food and justice across the world.

Welcome to our first CWS Update for 2022.

I would also like to take this opportunity to remind you that the end of the financial year is not far away. Donations to last year's Christmas Appeal are lower than expected, possibly because of these challenging times. If you have forgotten to make your annual gift, we would really appreciate you sending your envelope in or calling us at 0800 74 73 72.

In a recent message Charles Rwabambari of the Centre for Community Solidarity in Uganda wrote, "Our people love CWS so much for the wonderful work done in Isingiro". I could not have said it any better myself.

Thank you very much for your generosity and kindness to people who are facing many challenges every day.

If you want to talk to me about any of the work we do, please give me a call. The CWS Team will be praying for you in all you are doing, just as we pray for our partners.

Warm greetings | Ngā mihi nui Murray Overton, National Director, Christian World Service, ph 0800 74 73 72

MARCH 2022 - SERVICES:

4 th March:	World Day of Prayer Service, 10.30am, at St Timothy's Anglican Church, Kendal Ave		
6th March: Lent 1	Worship Service, 10am, led by Rev Anne Peddie Stewards: Lois & Ian Smith Note: No Communion or Parish Brunch this month		
13th March:	Worship Service, 10am, led by Rev Anne Preston		
Lent 2	Stewards: Janice & Bevin High		
20th March:	Worship Service (Harvest Festival), 10am, led by Heather Walls		
Lent 3	Stewards: Rosalie Allen & Lester Reed		
27th March:	Worship Service, 10am, led by Rev Anne Preston		
Lent 4	Stewards: Judith & Gordon Watson		

OTHER DATES FOR YOUR DIARIES:

28th March Morning Tea for the staff at Wesley Care and Aratupu -POSTPONED

Sunday Services will be livestreamed to:

https://www.facebook.com/Christchurch-North-Methodist-Parish-104239281592278 Follow our page to receive notifications when we go live.

CONTACT DETAILS:

WEB SITE: WWW.chchnorth.methodist.org.nz AWESOME KIDS BLOG: http://awesomekidschch.blogspot.co.nz/ CHYPS: www.chapelstreetyouth.blogspot.com

Presbyter:	Rev. Anne Preston (O) 352-7952 (C) 027 613 6711 Email: <u>anne.chchnorth@xtra.co.nz</u>	Not available on Mondays		
PARISH OFFICE:	Sue Davidson, Secretary (O) 352-7952 Email: chchnorthme Office Hours: Tues – Fri, 9am – 1pm			
Office Hours: Tues – Fri, 9am – 1pm PARISH STEWARDS: Julie Hercock Doreen Hudson PARISH COUNCIL CHAIRPERSON: Richard Chalklen				

PRAYER LINK: Merilyn Henderson

MARCH 2022 - CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Walking	-	World Day	Puzzle
			Group,		of Prayer	Library,
			9.30am,		Service,	10.30am-
			Car Park		St	12noon,
			Papanui		Timothy's	Reese
			Handiscope,		Anglican	Room
			10am, Hall		Church,	
					10.30am	
6	7	8	9	10	11	12
			Walking			Puzzle
			Group			Library
			Papanui			
			Handiscope			
13	14	15	16	17	18	19
		Evening	Walking			Puzzle
		MWF,	Group			Library
		7.30pm,	Papanui			
		Lounge	Handiscope			
20	21	22	23	24	25	26
			Walking			Puzzle
			Group			Library
			Papanui			
			Handiscope			
27	28	29	30	31	1 APR	2 APR
			Walking			Puzzle
			Group			Library
			Papanui			
			Handiscope			